



**G.R.B.A. 17th ANNUAL
5K**

Road Race & Walk

Goose Rocks Beach, Kennebunkport, Me.

Monday July 4th '11 9:00am

Divisions: **Runners:** 14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

Walkers: 49 and under, 50-59, 60-69, 70+

*Divisions are Male and Female

Entry Fee: \$20.00 before July 4th

\$25.00 post

**Please make all checks payable to G.R.B.A.*

Mail To: Goose Rocks Beach Association

P.O. BOX 140

Kennebunkport, ME

04046

Additional Information: **Road Race T-Shirts will be given to the first 600 Entries.**

Results will be posted at FIRST TIME OUT, Charles Butterfield, USAT&F, MTFOA

Mile Splits, Water Stations, Refreshments

Award ceremony will take place after the race is completed.

For more Information : Please call (207)967-4115 or 967-4240 or visit us online at: www.grba.info.

NAME _____ AGE _____

ADDRESS _____ CITY _____ STATE _____

Road Race: _____ Walk _____

Female _____ Male _____

I hereby for myself, my heirs, executors, administrators waive and release any and all claims for damages I may have against the Goose Rocks Beach Association, the town of Kennebunkport, Sponsors, Race officials, organizers, and volunteers associated with the event , for any injury.

SIGNATURE

UNDER 18 PARENT/GUARDIAN SIGNATURE